



australian  
breastfeeding  
association

# Australian Breastfeeding Association Breastfeeding Education Classes 2010

Breastfeeding, while natural, is still a learned skill for both mother and baby. It helps to learn as much as you can before the birth. Confidence, support and knowledge all help.

We encourage expectant parents to come and join our breastfeeding education classes to ensure that you have up to date information, knowledge and support on breastfeeding your baby.

We look forward to seeing you there!

**Classes are held on Saturday's 1pm - 5pm**

**Wodonga Hospital Antenatal Room**

**February 20th**

**May 1st**

**June 19th**

**August 14th**

**October 16th**

**December 4th**

**Cost:** \$85 per couple (or \$70 concession) includes 12 month subscription to the Australian Breastfeeding Association valued at \$65 (see [www.breastfeeding.asn.au](http://www.breastfeeding.asn.au) for full details)

Booking is essential as places are limited.

Please contact **Sharon** on **02 60412351** or email [sharonaba@bigpond.com](mailto:sharonaba@bigpond.com).

